Overall, the workshop appears to have had a positive effect on attendees in the short and long term. For example, confidence in meeting with federal agencies, submitting proposals, serving on panels and attending sponsored events increased. The percent of respondents who had never performed the listed activities related to federal agencies decreased after the workshop and remained lower than the percent of respondents who had never done them prior to the workshop. Aside from “receiving funding,” a larger percentage of respondents had done the related behaviors at least once in the 13 months following the workshop than had prior to the workshop.