Respondents at each survey time viewed Guidance from Professional Societies and Instructional Guidance as valuable to their careers, both immediately following the workshop and over the course of the next 13 months. Although the session about Campus Leadership was viewed as valuable immediately following the workshop, its perceived value dropped over the next 10 months before rebounding at the 13-month follow-up.

Overall, respondents sought advice from mentors at least yearly both prior to and following the workshop, with the percentage of respondents seeking advice at least several times a year increasing over the 13 months following the workshop.

*Value reported on a scale from 1 (Not Valuable) to 5 (Extremely Valuable).*